Table Topics for Teens

1. If you could have any superpower, what would you choose and why?
2. If you could only eat one food for the rest of your life, what would you choose?
3. If you could live in any fictional universe, which would you choose and why?
4. If you could have a mythical creature as a pet, which would you choose?
5. If you could only wear one color for the rest of your life, which color would you choose?
6. If you were stranded on a deserted island and could only have one type of snack, what would it be?
7. If you could have any animal as a pet but in miniature size, what would you pick?
8. If you were a vegetable, which vegetable would you be?
9. If you could be any age you wanted to be but had to remain that age forever, how old would you be?
10. If you could be the best in the world at something, what skill would you choose?
11. Which famous person would you love to switch places with for a week?
12. What is the weirdest thing you have ever eaten?
13. Have you made a new friend recently?
14. What is something you’ve learned recently that surprised you?
15. What is something you are struggling with at the moment?
16. If you could have dinner with any person, dead or alive, who would it be and why?
17. Who is someone in your life that you miss right now?
18. What is something you would like to accomplish in the next 2 years?
19. What is an important value for a friend to have?
20. What is something you have accomplished that you didn’t think you were capable of?
21. What personality trait are you most proud of?
22. What was something kind you did for someone else recently?
23. What is something you’ve always wanted to learn but have been too afraid to try?
24. What is one thing you are most afraid of?
25. Do you think it’s important to take breaks from social media? Why?
26. When was the last time you felt scared and why?
27. What advice would you want to give your 7-year-old self if you could go back in time?
28. What do you think is the best thing about your teenage years?
29. What would be your dream job?
30. How do you think your own experience so far will shape your future?
31. What do you like to do most during the weekends?
32. Who are your heroes and what qualities do you admire about them?
33. Is there someone who you think looks up to you? Who is it, and what do you think they look up to about you?
34. What is something that you really like about yourself?
35. If someone gave you $1,000 and said you had to give it to charity, which charity would you choose and why?
36. What's the best thing about being a teenager?
37. What is the most adventurous thing you have ever done in your life?
38. Would you rather live on the beach or in the mountains?
39. If you could have any superpower, which one would you choose and why?
40. If you could travel anywhere in the world, all expenses paid, where would you go?
41. What do you most enjoy doing by yourself?
42. Which activities make you lose track of time?
43. How old would you be if you didn’t know how old you are?
44. What are you most grateful for?
45. What is your favorite way to relax.
46. What is your favorite television show and why do you like it?
47. Do you think celebrities/rap musicians are good role models for young people today?
48. Do you prefer to watch movies at a theatre or at home with friends?
49. Do you think young people spend too much time on cell phones?
50. If you could get fame and fortune as a musician/singer or an actor which would you prefer and why?
51. Do you think it is okay to post personal information on the Internet (on blogs, Facebook)?
52. What would be your “dream job”
53. If you could get a job at a video game company, would you like to design the games, or be the person who gets to test the games?
54. If you could get a job on a major movie, would you like to be the Director, one of the actors or the screen play writer?
55. If you could have a “super-power”, what would you like it to be?
56. If you could meet one special person, living or dead, who would it be?
57. If you could travel anywhere in the world, where would you like to visit?
58. If you could pick your own name, what would it be?
59. If you could outlaw one vegetable, what would it be?
60. What if you could travel back in time to meet any historical figure you want? Who would it be? What would you ask them?
61. What if you could have any vehicle that you want, no matter how much it costs? What would you choose? Why?
62. What if you could live in a fantasy world from a book or movie? Which one would you choose? Why?
63. What if you could really live on another planet? Which planet would you choose and why?
64. What if you could live anywhere on Earth? Where would you go? What appeals to you about that location?
65. What if you had no choice but to give up internet access? What would change in your daily routine?
66. What if you got to design and build a house for your family to live in? Describe what it would be like.
67. What's your least favorite food that most people seem to like? Why do you dislike it?
68. What's your absolute favorite food? How do you like it to be prepared?
69. What's your favorite after-school snack? Would you eat it every day if you could?
70. What book did you most like for an adult to read to you when you were little? What did you like about it?
71. What is your favorite book now? Why do you like it?
72. What's your favorite outdoor activity? What do you enjoy about it?
73. What are your three favorite games to play? What do you like about them?
74. What are your favorite hobbies? What do you enjoy about them?
75. What kinds of movies or TV shows do you like to watch? Why?
76. What’s your favorite day of the week, and why?
77. If you could design the ultimate treehouse, what would it look like?
78. Where would your dream field trip be? Why? What would you do there?
79. If you could be invisible for a single day, what would you do?
80. If you could be any animal, which one would you be and why?
81. What is your favorite holiday and why?
82. What were some of best holiday or birthday presents you ever received?